

SEEDS OF DAVID 10-14

10 Tranquillity will bring a sense of peace to your heart, and not let the inflammatory words and jabs of the enemy stir you into trouble.

(Spirit Helper speaking:) Coping can be tough when you are trying to run a one-legged race, and someone is out to trip you.

What you need is coping skills, so that no matter what happens, or what anyone says or does, you are at peace. You know you are being looked after. You pray with all your might that you don't boil over with emotions, but can bring joy to those rooting for you.

Not being able to do so many things can feel about as handicapped as a one legged race. You try to hop, hop along, and hold on to this or that railing, or an odd crutch or two. But the race, actually isn't to see who will get to the end the fastest, but the calmest, and in the most pleasant spirit.

One hop, one gentle smile. One more hop, and a sweet word of kindness. One more hop and a calming deep breath. And on you go. Don't give up, and most of all, let the peace of God possess your heart and mind with the peace only He can give. (End of message.)

11. Daring and undaunted will thrust you forward into the fray of work to be done and new missions to tackle. You won't think about loss at these times, but only what is going to be gained by trying your best.

(Spirit Helper speaking :) I pull you back a bit, only to spring you forward, like a rubber-band toy that springs and plunges forward.

Though you are held back for a little while, awaiting the will of the King, when it's time for me to let go, you zoom forward, and you make good headway.

I can help hold the reins and then say "go" so you can spur forward. I can help you think of the good goal that is in mind. I can help you forget the times that you have tried and failed, and instead give you a good kick or spur you into action which gets you galloping forward.

If you are not sure if it's time to go or to wait; to move or to be still, pray for guidance. It'll be there for you. I get you going when you are feeling weary. I arrange your saddle to be the most comfortable for the journey. Now all you need to do is go and go for as long and strong as is necessary. Keep up with the rest of them, and then pull back when it's time for something else in your life. (End of message.)

12. Darling Dove-dear will press your heart against Mine, so that it beats in synchronised harmony with Me.

(Spirit Helper speaking:) Fwump-Bump, tatum, the beat of the human heart goes on, almost magically, and amazingly. On it goes until it one day just stops. Suddenly you are thrust into a whole new world, a new beginning, a new day, a new life. But until that time, it just keeps going.

And so does the heartbeat of eternal love. It goes on and on, with immeasurable strength. On and on it beats out, and sends out the nutrients to each part of its body. Its body is those which are created by this heart of love, and who wish to remain a part of it.

You need the nutrients every day that are sent from God's heart that pumps out pure love, day after day. It cleanses, it sends healing, it keeps creation and all the beings created alive. It's love that does this.

You need the nutrients of God's Word, the oxygen of His life, and the love from His heart. These are vital to your life—of spirit and body too. A sick and ailing soul, those on the verge of calling it quits

have lost their daily intake of those important things. You need contact with the Heavenly Trinity daily--Word, life, love. Without refills of these, you will wilt, crumble and collapse.

To keep on keeping on takes far more than mere perseverance—it takes tank-up time, breathing in the life of God, being reassured of His immeasurable love, and time feeding and being fed by His Word.

Fwump-Bump-Tutam, keep the heart of the soul beating.

It's more essential than food or any other thing you think you need to survive. God is the giver and re-giver of life, and can restore any broken heart or body instantaneously without you having to work for it. But He can't make you choose to listen and love Him and want to think His way. Please Him by going the distance that He requires, to keep the life flow of His soul going through you. (End of message.)

13. Praisefulness and blessed bliss—I will breathe Heaven's air into your very being as you uplift Me in all you do, and keep hope and faith on your lips.

(Spirit Helper speaking :) When you are happy about all the Lord is doing and can do, this gives you stamina to run and win the prize. Nothing is easy. No one on earth is having that easy of a time, some are truly worse off than others. But there is so much that can be accomplished through the simple act of praising God for His greatness, for His "Mighty acts" and for what He is capable of doing and wishes to do.

Can the Lord God do anything? Surely. Does He love to fulfil the desires of those who seek Him? Yes. If things are less than ideal now, just wait until the cooker really gets hot. Then you'll need to know how to truly praise God in all things. If you fail the test now, you'll flub then. Run with praise; clean with praise; cook with praise; love with praise; teach with a praiseful spirit. Let all your things be done with praise. If you can't seem to find something to be glad about, then praise God for something that you don't have to be sad about. There's a lot of things that could be oh so very much worse. However, you have all that you need to do, and all that you are meant to do for the time being. Be glad. If and when more is needed, the Lord will give it to you—if you have praised Him in all things, for all things, and while doing all things. He loves working with a praiseful soul.

That's why I love to praise, I love to be around His Majesty, and I know you do too. I reflect His beauty and love and His shine to others, because I've been around Him. And it all started with choosing to glorify Him above all things, no matter what.

You might think that if we are in Heaven, at least some of the time, then what is there to be sad or troubled about? Well, there are plenty of things and lots of problems that we have to concern ourselves with. But if we keep the end goal in sight, the good and happy end that is around the bend, we too can be resilient, just like you there learn to be.

Praise Him no matter what is happening. I love to be around people who love to remain positive and praise the Lord through it all. (End of message.)

14 Beloved of the heart of God— imparts to you the piece of My heart that you are, and shows just how important you are to Me. I can't function well without you there. You are imbedded as an important part of Me. She impresses this on you, and on many others. This is the life that runs through you, as you press harder on Me.

(Spirit Helper speaking:) Does God have body parts? He has parts of His body—you, and each loving Christian that has joined His heavenly family. Press on to His heart, rest your weight on Him.

Holding the weight of your own sins and shortcomings only wears and tears you. You must take your weight off by lying down on His bosom and letting your weight fall on Him. Then you have to let go of all that is troubling you and let it pass from your being into His. He knows what to do with it—just like a body knows what to do with what you put inside of it. He can bundle it up, like a rock of dead weight, and expel it far away. He can dissipate it, or cast it aside to be dealt with at another time. But you've got to come to Him and rest on Him and let it go, not worrying that it will muck things up. He knows what to do. Keeping things in and bearing the weight alone hurts Him, as He

sees it tearing you and weighing on you. (For Him it's like trying to cuddle a bag of part gravel, part wool. He wants to help you remove the rocks.)

It's fulfilling for Him to have you humbly let it pass from your weary bosom into His, as you lay your full weight upon Him. As you cry and your tears fall, you let go of the hurtful weights. He holds you, relieves you, takes the troubles into His being and deals with them and removes them. They are then His problems. As long as you keep holding things in and wishing not to trouble Him, you don't give Him the pleasure of doing what He longs to do: to hold you, remove your pain, satisfy you, and show Himself strong on your behalf. Please Him ... by letting His heart bear the weights that should no longer remain in yours.

As you press hard on to His chest and rest on His bosom you get warmth and you stop shivering so much from the cold that you feel from living in this world. It's a cold place without the love of the Son of God permeating your very inner being. Meld with Him. Unite with Him. Rest fully your weight upon His bosom. Let Him be there for you and with you, in you, around you, and under you. As you weep and your cares vanish from your being and cumulate within Him, your overall weight is so much lighter. You can then run the race for Him more quickly and with more agility. You are less bogged down. Your strength doesn't need to be used up holding on to your pains and troubles, the things that hurt you deep inside. Give Him the heartaches, so you can run light hearted and free, pleasing Him. Holding on to those things will only hold you back from fast and good progress; it will be more labored than is necessary.

Let it go. Live free.

Yes, it's humbling, but so is just about everything else. Not winning the race and getting too tired to complete a mission He's given you, because you insisted on also carrying around your old painful weights, would be an embarrassment too.

He is so many things. Not like a man who has a smaller range of things he can do and wish to do. But He is the God of all flesh. He knows how to care for both your flesh and your spirit, your present and your future, and can fix things up so that the past is a benefit to the future goals.

Let Him be all the things He can be, for you. Use all Heaven's features and the features of the Son of God. Praise Him, live for Him, and love Him with all your heart, mind and soul, body and full being.

The beloved of the Lord will dwell safely and will rest in the bosom of her Lord and Saviour. (End of message)
